

Yoo ma patpat me nongo kony i a pul me  
**PORTLAND**

## KONY ME NONGO CAM

Supplemental Nutrition Assistance Program ma  
yam gillwongo nia "Food Stamps"

### 'SNAP'

Go cim **1-800-442-6003**  
nyo penyi ki i kopiuta:

[www.maine.gov/mymaineconnection](http://www.maine.gov/mymaineconnection)

Ka itiyu ki SNAP me wilo cam ki i Cuk pa Lopur, iromo gamo Maine  
Harvest Bucks me wilo pot dek ki nying yat acama I wel ma yot! Dony i:  
<http://www.maineharvestbucks.org/>

ka cung pa dul ma gilwongo gi nia Cultivating Community Farm Stands,  
iromo nongo wel gidwoko boti piny 50 I kom miya (50%) pi dek ma gipito  
dok odongo ki cam ma oaa ki i ngom. Go cim (207) 761-4769 pi nongo  
ngec madwong.

Mon, lotino lokere ki lotino ma dongo  
(Women, Infants, and Children) bene tye ki kony

### 'WIC'

*Iromo nongo kony ki dul man ka i yac nyo itye ki lotino ma  
mwaka gi pe okato abic. Wego bene romo penyo kony man  
pi lotino gi. Wel lim ma ginongo i ot aye gikwano.*

Peny:

**Opportunity Alliance**

Cim gi (207) 553-5800 kabedo gi aye  
190 Lancaster St,  
Portland, ME

## IMITO KONY?

Cawa mukene nongo kony romo bedo tek. Ka imito kony me cwalo waraga me me penyo kony nyo  
itye ki penyi i yub mo keken me nongo kony go cim 2-1-1 nyo lim bwo me ngec i  
[www.211maine.org](http://www.211maine.org). Ka itye ki penyi pi kabedo ma gipoko iye cam nyo cam me apul iromo goyo cim  
bot jo Wayside Food Programs ma nama cim gi aye (207) 775-4939.

## CAM PI LOTINO

### CAM ME NONO KI MA GIDWOKO WELNE PINY I GANG KWAN

*Peny loloc tic me poko cam i gangi kwan me  
Portland pi ngeyo madwong.  
(207) 874-8231*

### CAM ME CWIRI

*1-866-348-6479  
Nong ngec mapol ki kompiuta:  
[https://www.fns.usda.gov/  
summerfoodrocks](https://www.fns.usda.gov/summerfoodrocks)*

## KA POKO CAM PI DANO ME GANGI KWAN ME PORTLAND

Gangi kwan mapol gitye ki cam me apoka. Ka latin owaco nia kec neko en ci gibimiye  
cam ki gang kwan kunu. Cam mogo bene me laro gin atura bene tye. Peny karan me  
gang kwan meri pi ngeyo ne.

## WAYSIDE COMMUNITY MEALS

Wayside miyo cam me otyeno bot dano ikare ma gangi kwan tye twolo/katic cawa 5:00 otyeno.  
Gangi kwan ma dul man poko cam bot danone ogwayo East End Community, Reiche, Riverton Boys  
and Girls Club, and Sagamore Village Boys and Girls Club. Pi ngec mapol go cim bot jo Wayside i  
nama cim (207) 775-4939 nyo lim bwo me ngec <http://waysidemaine.org/community-meals>.

Yoo ma patpat me nongo kony i a pul me  
**PORTLAND**



# KA POKO CAM MA PATPAT ME PORTLAND

*Pantry en aye dul me apul mo ni ma gipoko cam me non bot dano me dwol gi.*

[HTTP://WWW.CCFODSECURITY.ORG/FOOD-PANTRIES.HTML](http://www.ccfodsecurity.org/food-pantries.html)

*Pantries ma giketo \* cok kwedgi penyo boti card ma tye ki cal meri ka ce gimii boti cam. Project FEED mito ngat ma lakony mameri aye pcwal in botgi wek gimii boti cam i ceng*

## PREBLE STREET

(207) 775-0026

252 Oxford St

Ceng Angwen

1:30 PM - 3:00 PM

Iromo cito wang acel i cabit

## STROUDWATER CHRISTIAN CHURCH

(207) 772-2193

1520 Westbrook St.

Ceng Cabit

1:00 PM - 3:00 PM

Iromo cito wang aryo i dwe..

## SACRED HEART/ ST. DOMINIC FOOD PANTRY

(207) 929-3088

Sherman & Mellen

Ceng Aryo

10:00 AM - 11:00 AM

Iromo cito wang acel i cabit.

## WAYSIDE FOOD PROGRAMS MOBILE PANTRY & COMMUNITY MEALS

(207) 775-4939

Walego in me goyo cim bot

Wayside pi ngec mapol.

## PROJECT FEED

(207) 761-3920

202 Woodford St.

Baraja - Ceng Abic

1:00 PM - 3:00 PM

Walego in me goyo cim bot Project

FEED pi ngec mapol.

## SAGAMORE FOOD PANTRY \*

(207) 221-8072

21 Popham St.

Ceng Aryo

10:00 AM - 11:30 AM

Iromo cito wang acel i cabit

## PEAKS ISLAND COMMUNITY FOOD PANTRY

(207) 332-2443

19 Church Ave.

Baraja

3:30 PM - 5:00 PM

Iromo cito kit mamitte

## WILLISTON-IMMANUEL UNITED CHURCH

(207) 775-2301

156 High St.

Ceng Angwen, Ooo inyim

cawa 10 odiko.

Iromo cito wang acel i cabit

## FIRST BAPTIST \*

(207) 773-3123

360 Canco Rd.

Ceng Adek

10:00 AM - 12:00 PM

Iromo cito wang acel i cabit

## ST. LUKE'S FOOD PANTRY

(207) 772-5434

134 Park St.

Ceng Angwen

9:30 AM - 11:00 AM

Iromo cito wang acel i dwe..

## MICHAEL KLAHR JEWISH FAMILY SERVICES \*

(207) 772-1959

1342 Congress St.

Ceng Aryo / Ceng Angwen

Appt.

Iromo cito wang acel i dwe..

## SALVATION ARMY

(207) 774-6304

297 Cumberland Ave.

Baraja / Ceng Adek / Ceng Abic

1:00 PM - 2:30 PM

Iromo cito wang acel i dwe..

## WHITE MEMORIAL \*

(207) 797-4414

97 Allen Ave.

Ceng Angwen

7:30 AM - 9:00 AM

Ylromo cito wang acel i cabit

