SPHS LUNCH DATA

Introduction

Who are we?

Food Fuels Learning extended learning opportunity

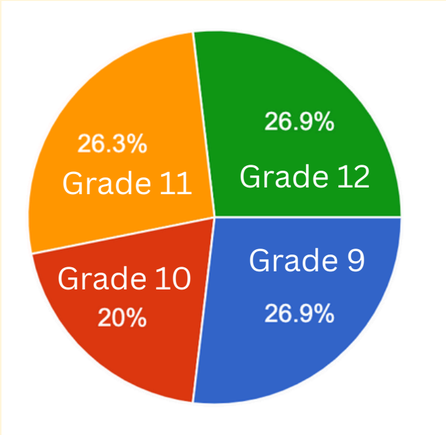
What is our mission?

We have collected data from students and used that data to present to you and modify the school meals to be more inclusive and fit students needs.

Understanding the student body

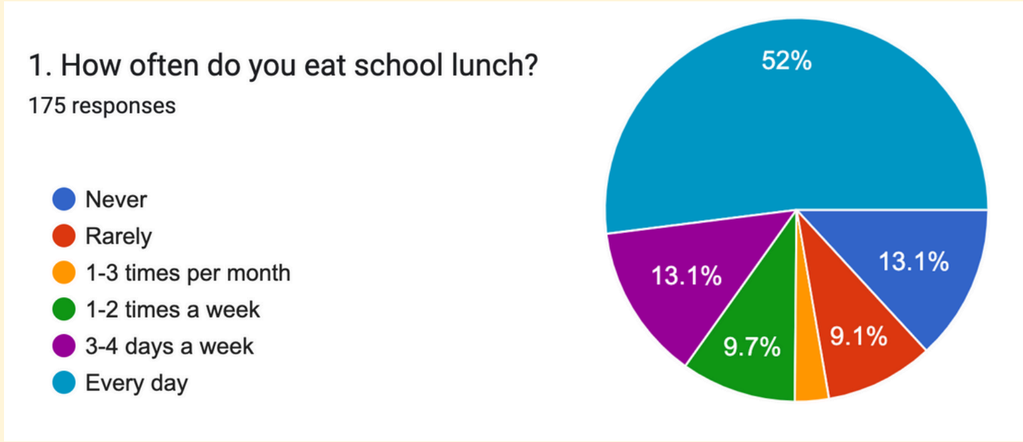
Understanding the student body

Representative demographics



Race:	Survey respondents:	District data:
• Hispanic/Latino:	1.7%	8.15%
• American Indian or Alaskan Native:	1.7%	0.2%
• Asian:	5.7%	3.21%
• Black or African American:	20.6%	20.9%
• Native Hawaiian or Other Pacific Islander:	0.6%	1.84%
• Two or more races:	6.9%	4.02%
• White:	59.4%	61.7%
• Prefer not to answer	3.4%	--
• Total percent non-white:	37.2%	38.30%

Participation in school meals



Understanding opinions

What students like:

- **Hot food**: 41% of surveyed participants mentioned hot food from the slider as their favorite meal option
- **Variety of options:** 17+ respondents appreciated the amount of options to choose from
- **Food options from other cultures**
- **Salad and wraps**
- **Popular Specials:** Rice, orange chicken, quesadillas, and pastas.
- **Side salads:** One comment mentioned that “Little Caesar salads are fire”!

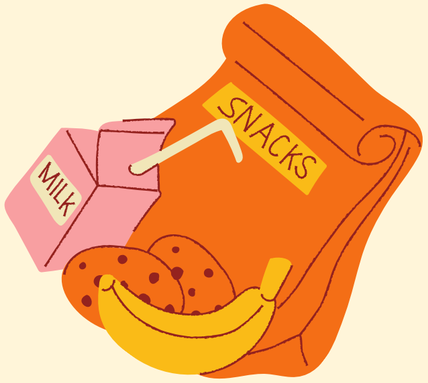
What Students Dislike:

- **Lack of cultural variety and repetitiveness**
- **Bland flavor:** 10+ responses felt as though their food had a plain flavor
- **Food quality:** Disliking the quality of food and feeling as though it was too processed
- **Pizza**
- **Crowding + lines**

Interesting Student quote: “They don’t apply what we learn in health class”

Purchasable Snacks/Drinks

These were the key options that people mentioned wanting on the purchasable snack options!

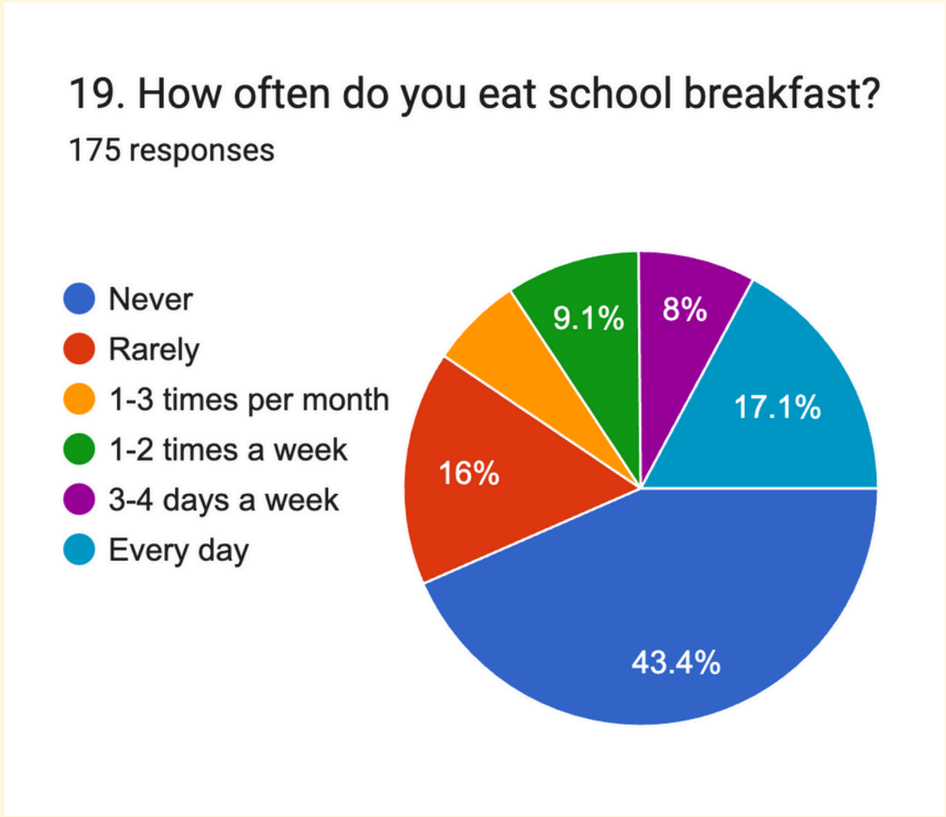


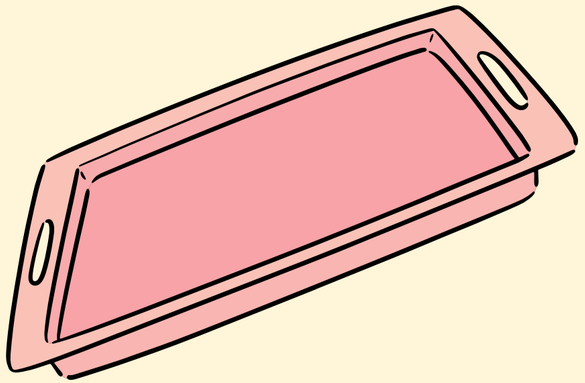
Breakfast feedback

Additional Breakfast recommendation

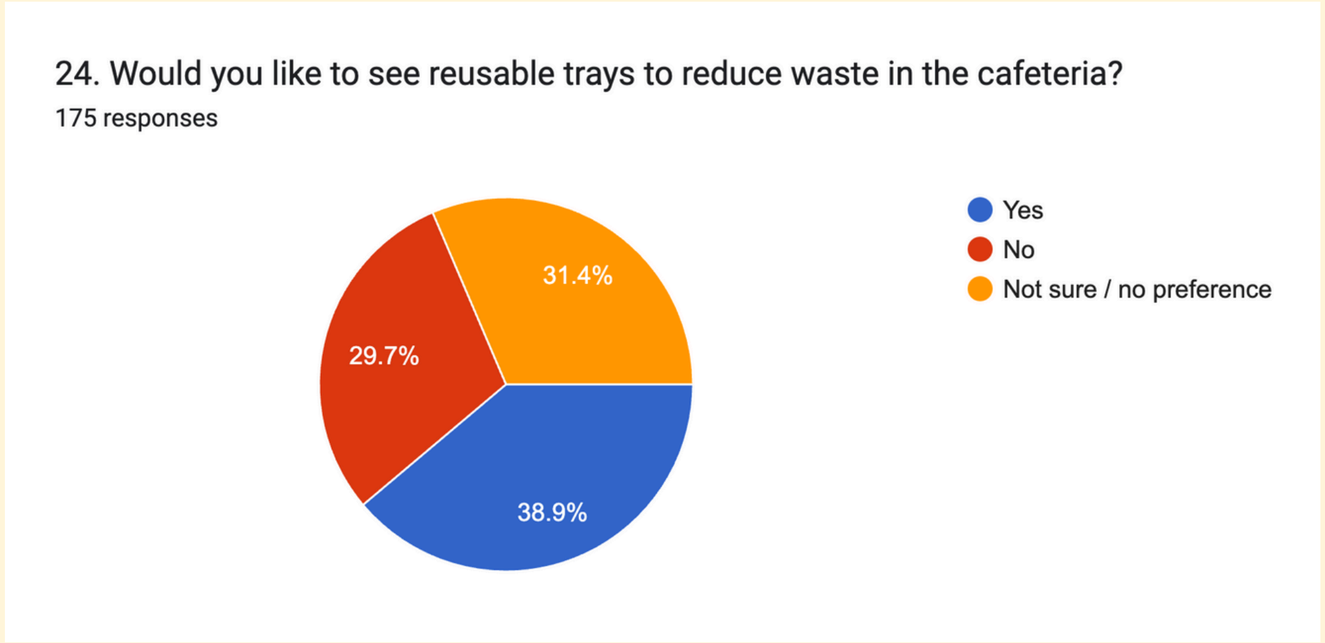
Hearty Breakfast item	Sugary Items	Fruits & Less Sugar	Smaller Recommendations
More Eggs More Bacon	Pancakes	More Fruits	More Cultural Breakfast ○ Danish ○ Jamaican Food
More Sausage	Waffles	Less sugary items	Salads
Hash Browns	Cake		Healthy Items ○ Protein ○ Yogurt

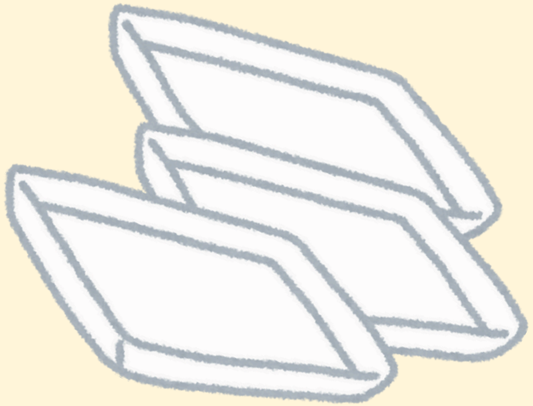
Frequency of Breakfast





Reusable Trays





Pros

- Reduce waste
- More structured plates

Cons

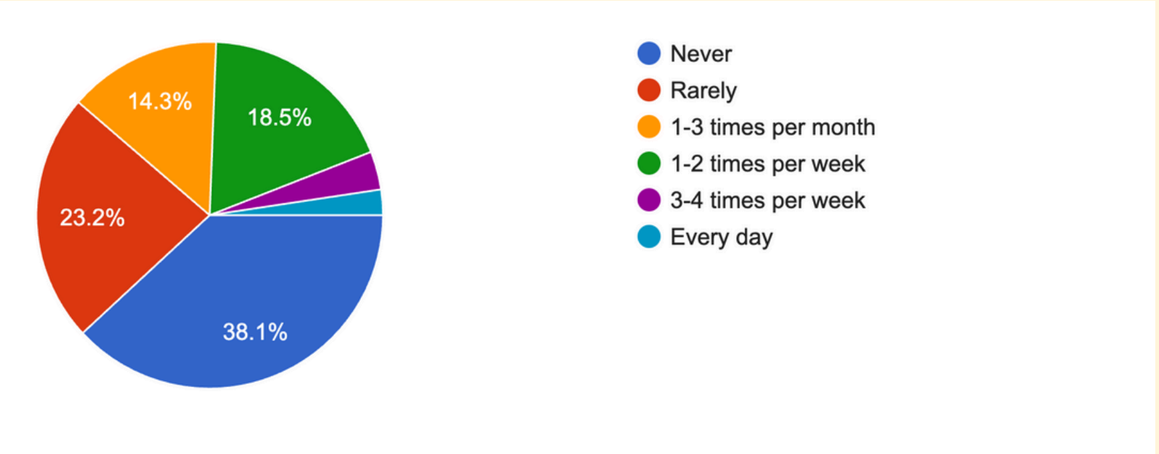
- Cleanliness
- Water needed to wash
- Labor for staff

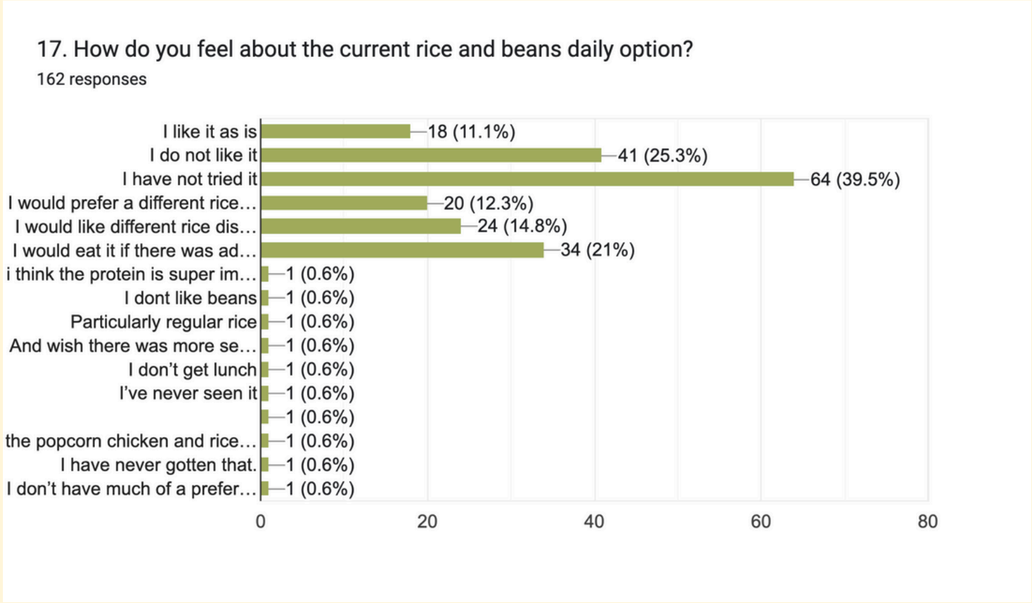
(Not student replies)

Understanding Rice and Beans

Data on rice and beans

- A small percentage would eat it every day
- Majority wouldn’t mind eating it occasionally
- Most of the student base would never try it (38.1)





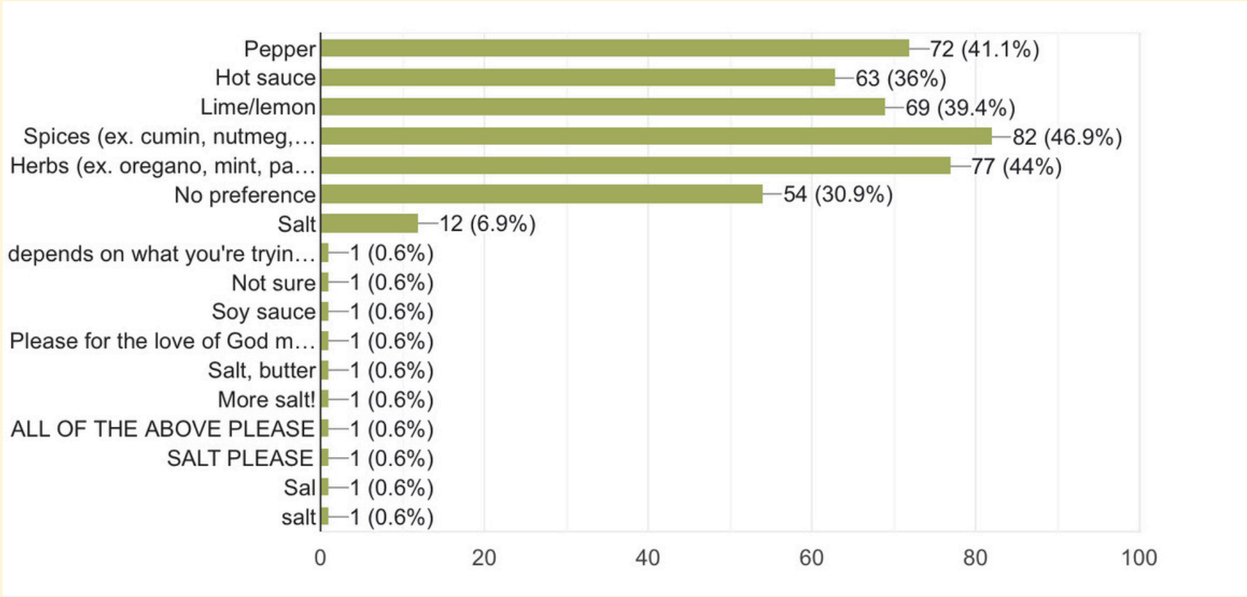
Thoughts on current rice and beans

- More students dislike the option rather like it
- Most of the student base haven’t tried it
- A small percentage would like to modify the option

Understanding inclusive options

Seasonings

What Seasonings did the students recommend?



Salt: The students were at a high demand of salt as a seasoning.

49.6% is the amount of students pleading for spices likes cinnamon, nutmeg, and more to be added.

44% would like herbs like oregano and mint to be included as seasonings that could be added.

The next specific were:

- **41.1%** would like peppers for seasonings.
- **36%** would enjoy the possibility of increasing the heat of their meals through hot sauce.
- **39.4%** would like limes and/or lemons to season their meals.

Halal data

- **8.6%** of students eat a halal diet
- **6.9%** of students want to eat a halal diet
- Only **14.6%** of students who eat halal diets eat the halal food at school

Student quote: “*My friends eat halal and they constantly don’t have food. and there's never a hot meal/ specialty meal for them*”

Halal meal recommendations

One recommendation, that goes back to things like bacon, would be for there to be multiple variations of a meal option for more inclusivity.

Direct Meal Recommendations:

- ”fufu” x3
- ”Halal meat with pancakes or waffles”
- ”Waffles”
- “Kebabs”

Uncommon Meal Recommendations:

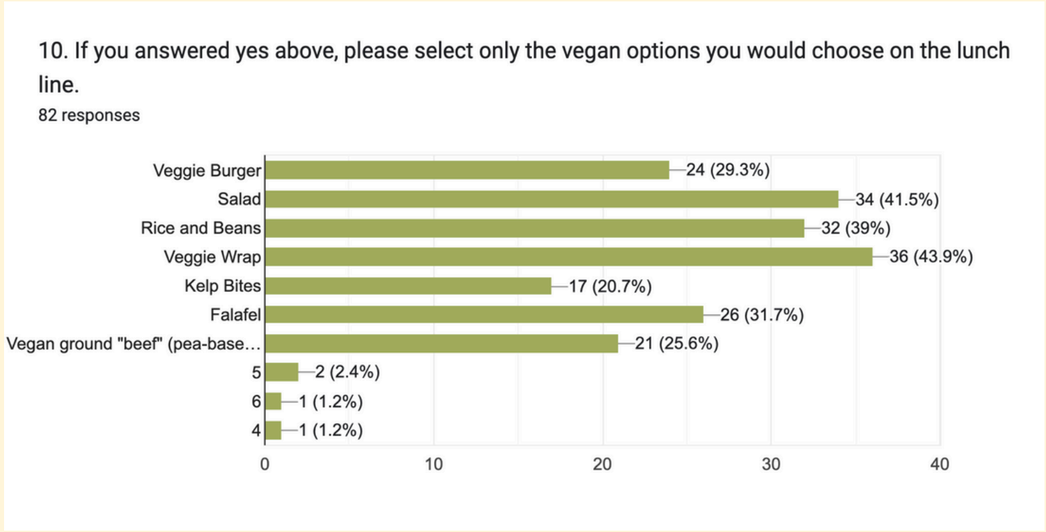
- “Steak”
- ”Steak, egg and cheese”
- ”Grilled Cheese”
- ”Tatertots”

Interesting Student Quote:

- *“Kebabs would definitely be a nice meal to have during lunch. I can’t think of anything to add to breakfast.”*

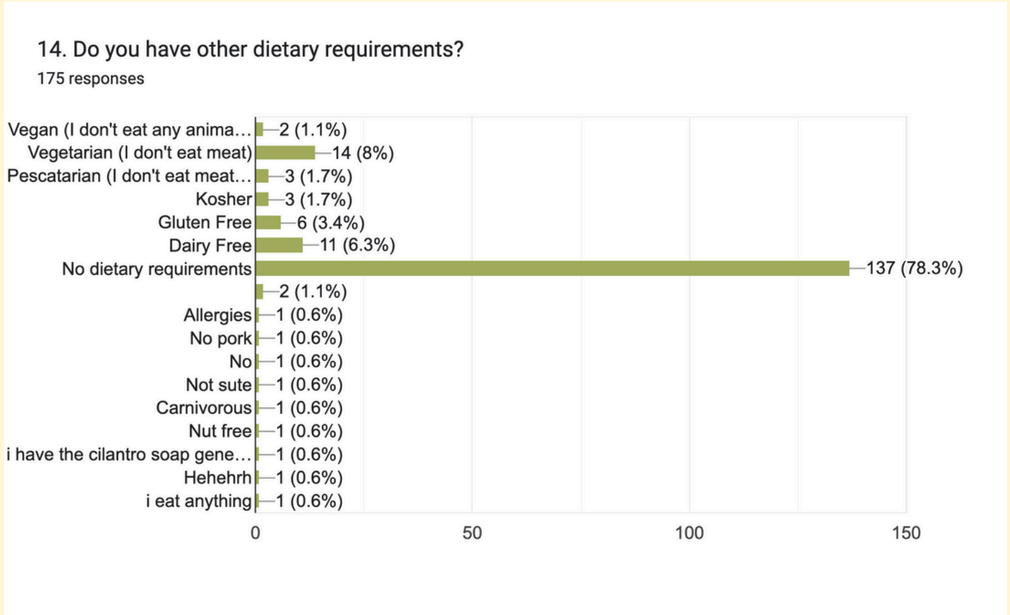
Vegan/Vegetarian Data

- 24.6% of students want more vegan/vegetarian options
- The most popular vegan and vegetarian options were the veggie wrap (43.9%) and the salad (41.5%)
- All listed options got a good amount of votes



Dietary restrictions data

- ¼ students say that there aren't always meals that fit their restrictions
- The most common resrictions were vegetarian, dairy free, and gluten free
- Of the people who said they don't always get lunch 8 are dairy free, 4 are gluten free, and 7 are vegetarian

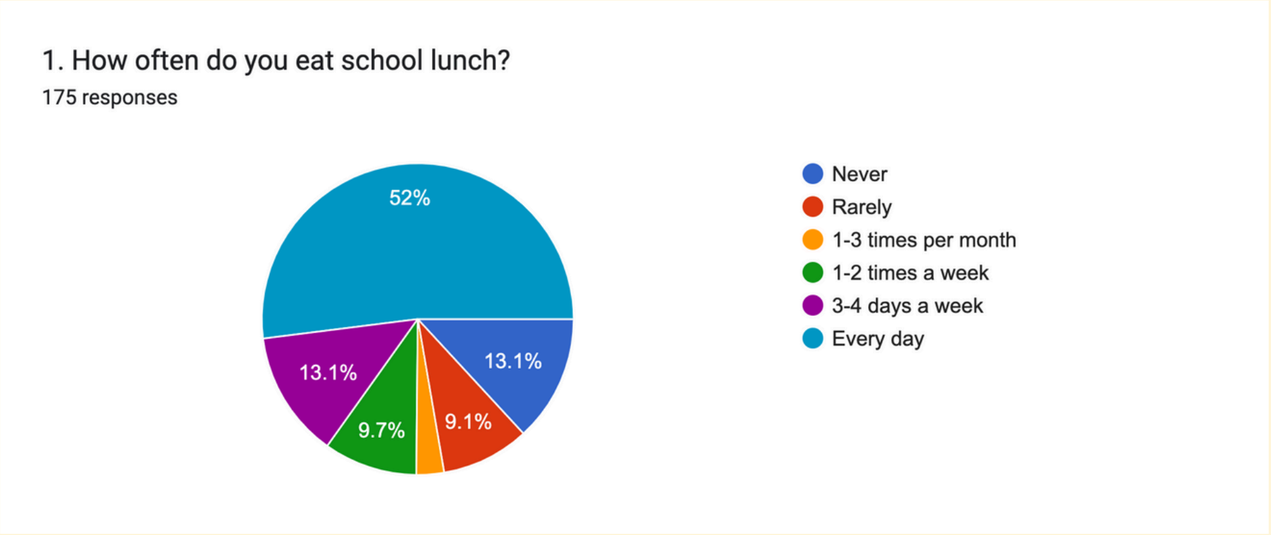


Cultural food recomendations

There were 81 answers of students reconmmending meals from other places:

- **22.2%** asked for specific meals
  - Ex:
  - Fufu
  - Chop Suey
  - Fried Chicken
- **21%** have asked for African meals
- **16%** asks for Asian meals
- **7.4%** would like Brazilian meals
- **7.4%** would appreciate Mexican meals
- **4.9%** want southern based meals
- **3.7%** would like Jamaican meals
- **2.47%** want Middle eastern meals

Understanding engagement / Advertising around school meals



52% of our students eat school lunch everyday!

More than half of the school eats lunch, that’s why its important to make it inclusive for all

"I evaluate all the options and get what looks/sounds the best" (46.9%)

Reportedly, almost half the students take time to look at the options available and get the best looking/smelling item. This is important because it tell's us that student's judge a meal based off looks/smell, so putting effort to appearance could change the results of how many students get lunch.

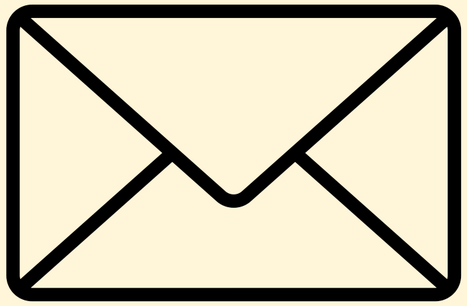
"I get the same thing most days" (28.6%)

How Do You Decide What To Get?

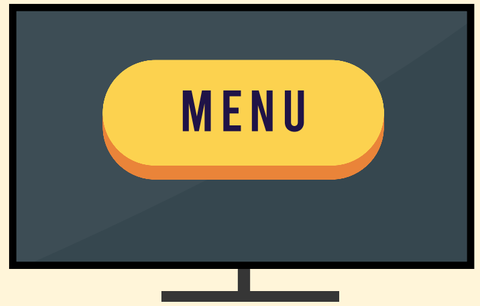
65.1% of people don’t know what’s for lunch ahead of time

HOW CAN YOU INFORM STUDENTS?

48.6% say they would like to receive information through the weekly emails about the lunch menu



32.6% say they would like the menu to be shown on the tv screens above the kitchen



Honorable mentions

“Lunch staff very kind” -student

“I like how kind the staff is”-student

“One thing I like is the lunch staff”- student

Wrap Up

- As shown, many students appreciate the lunches but agree that there is room for improvement
  - Students really like having variety and meal options
  - More options for dietary restrictions (halal, vegetarian, gluten free) and cultural preferences would increase meal participation
- Students have a lot of specific recipe recommendations to be added to the menu
- Visual representation and promotion attract students to meals

We hope that you can use our data to help improve school lunches and make them more inclusive!

THANK YOU